



SOUTH CAROLINA
**Infant Mental
Health Association**



Susan Callahan, MSW, IMH-E®

Mary Ellen Warren, PhD, IMH-E®

We Stand for
EQUITY.

We Work to
DISRUPT RACISM
AND BIAS

We Are SOCIAL
JUSTICE
CHAMPIONS

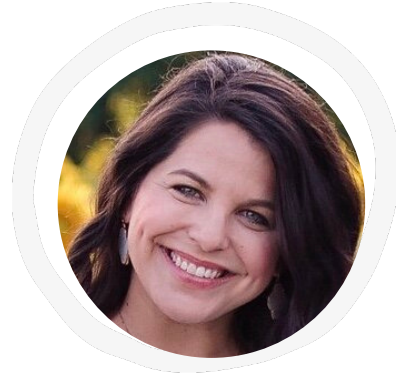


Partnerships

Mobilizing Collaboration for the
Social-Emotional Health and
Wellbeing of Young Children and
their Families



Endorsement[®]



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Endorsement for Culturally
Sensitive, Relationship-
Focused Practice Promoting
Infant and Early Childhood
Mental Health®
(Endorsement®)

Transform

Transform the ways in which professionals view, wonder about, consider, understand, and respond to the pregnant women, infants, young children, and families whom they serve.

Support

Support professionals who offer knowledgeable and skilled support to pregnant women, infants, young children, and families.

Enhance

Enhance professionals' ability to identify risks to the physical, emotional, and relational health of infants and young children and to respond appropriately.



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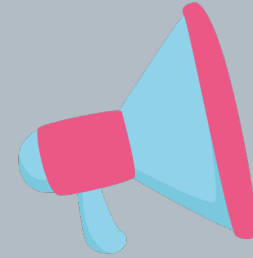
Support

Support professionals in developing the capacity to shift perspective, address personal biases, set boundaries, and slow down, observe, and listen.

Invite

Invite professionals to experience feeling heard, validated, and affirmed within the context of a Reflective Supervision/Consultation relationship, for the work that they are doing with or on behalf of pregnant women, infants, young children, and families.

Scope Of Work



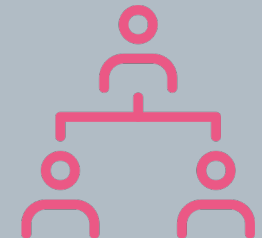
Promotion
Family Associate



Prevention
Family Specialist



Treatment
Mental Health
Specialist



Leadership
Mental Health Mentor



**The South Carolina Infant/Young Child
Mental Health Association, Inc.
(SCIMHA)**

Competency Guidelines

**Endorsement for Culturally Sensitive,
Relationship-Focused Practice Promoting
Infant and Early Childhood Mental Health®**



Areas of Expertise

- Foundations
- Law, Regulation, and Agency Policy
- Systems Expertise
- Direct Service Skills
- Working With Others
- Communicating
- Thinking
- Reflection

Why is Endorsement[®] Important?

Reason 1

Ongoing training with standards is important to promote consistent, positive practices with young children and their families regardless of discipline.

Reason 2

Endorsement[®] provides information about skills and knowledge that a person incorporates into their profession.

Why is Endorsement[®] Important?



Reason 3

Endorsement[®] provides a framework that tells parents/guardians and other partners what good practices look like.

Reason 4

Aligned professional standards in the field are more likely to produce a workforce that is prepared and consistent in their practice.



Endorsement[®] Process

Endorsement[®] is a journey
not a race.

- Join SCIMHA
- Register on EASy
- Receive confirmation & EASy login credentials
- Prepare your portfolio
- Document your competencies
- Match with an advisor
- Submit your portfolio
- Examination*
- Endorsement[®] or deferment**

*Mental Health Specialist and Mentors only

**All applicants receive detailed feedback from application reviewers.
If an application is deferred, SCIMHA will work closely with the applicant to address the feedback so that the application can be submitted again at a future deadline.

Endorsement Fees

Family Associate

SCIMHA Membership = \$45
EASy Registration = \$20
Endorsement Application= \$50
Total = \$115

Family Specialist

SCIMHA Membership = \$45
EASy Registration = \$20
Endorsement Application= \$75
Total = \$140

Mental Health Specialist

SCIMHA Membership = \$45
EASy Registration = \$20
Endorsement Application= \$100
Exam= \$25
Total = \$190

Mental Health Mentor

SCIMHA Membership = \$45
EASy Registration = \$20
Endorsement Application= \$125
Exam= \$25
Total = \$215

Incentives



Reimbursement

The next 25 SC professionals to earn Endorsement[®] will be reimbursed ALL fees related to Endorsement[®]

Timeline Incentive

SC professionals who complete their Endorsement[®] within 6 months will receive all fees reimbursed + an extra \$15!

Safe Babies Court



Chavis Gash, M.S, M.DIVE
Statewide Safe Babies Court Coordinator
Cgash@SCIMHA.org

Safe Babies Court Teams



ZERO TO THREE
Early connections last a lifetime

Every six minutes an infant or toddler is removed from home due to alleged abuse or neglect.

- When that happens, those children are often placed in a child welfare system that is harmful to their development. The ZERO TO THREE Safe Babies Court Team™ approach transforms child welfare into the practice of child “well-being” by using the science of early childhood development to meet the urgent needs of infants and toddlers.
- The program connects very young children and their families with needed supports and services, with a goal of advancing health and well-being.

Safe Babies Court in SC



Laurens
Spartanburg
Richland



South Carolina Network
OF
CHILDREN'S
ADVOCACY CENTERS

Safe Babies Court Team Partners





PEAR

**PARTNERS FOR
EARLY ATTUNED
RELATIONSHIPS**



IECMH Consultation

Mackenzie Soniak, PsyD

*Director, Infant and Early Childhood Mental
Health Consultation Network*

Msoniak@SCIMHA.org

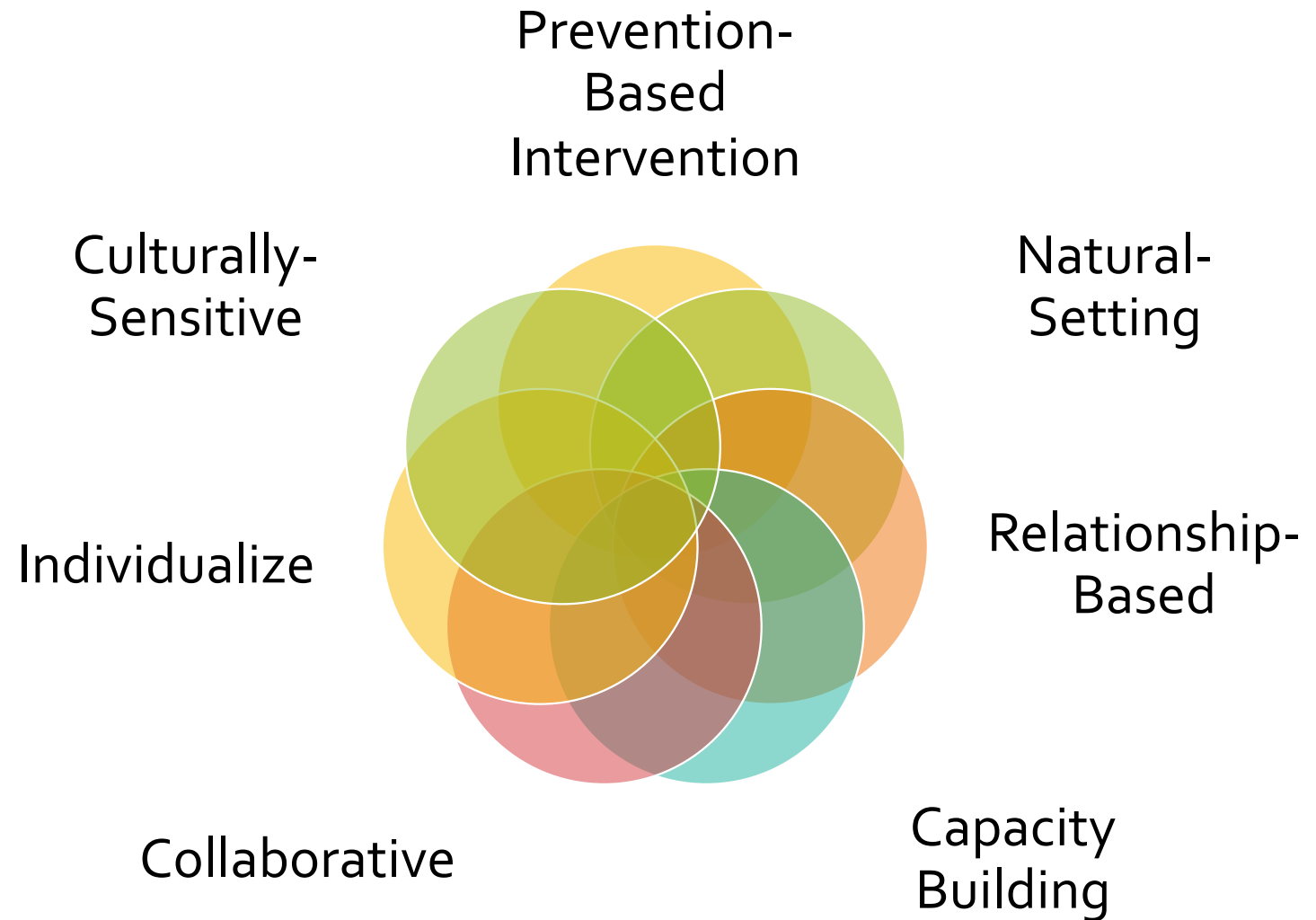


SOUTH CAROLINA
Infant Mental Health Association

What is IECMH Consultation?

Targets early social environments across child serving systems

Integration of mental health perspective into child serving systems



Everyone deserves
the experience of
existing in
someone's mind.

– Jeree Pawl



Who are our mental health consultants?

Masters degree in
social work, psychology, or
related field (preferably
licensed)

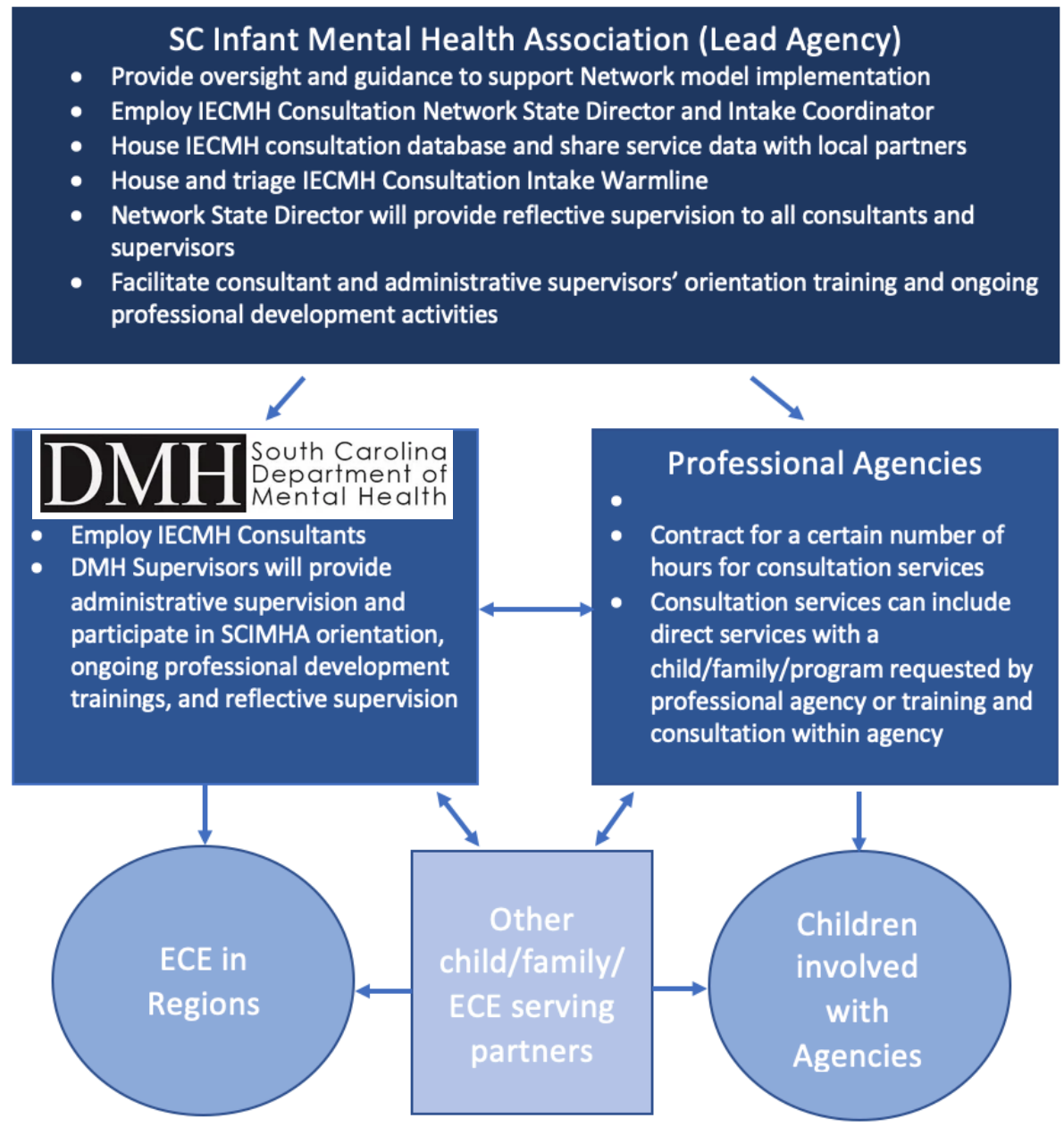
Have at least 2-
3 years experience working
as a mental health
professional

Mental Health
Consultants

Possess attributes and
skills critical to this work
such as a consultative
stance, cultural sensitivity,
and empathy

Have specialized
knowledge and deep
understanding of social,
emotional, and relational
health

PEAR Network



HOW do you refer or get more information?



- SCIMHA will provide consultation services **FREE** of charge.
- Any parent or childcare agency can call (833) 472-4642 or start a referral online: www.scimha.org/PEAR-Network
- For individual child cases, parents must consent to services prior to consultant's involvement.

Tele-Mental Health Consultation Services

Tele-MHC allows any individuals caring for young children to connect with one of the PEAR Network's mental health consultants for a brief consultation.

*Please note that we are not equipped to offer emergency mental health services.

Help Me Grow



Jane Witowski
Help Me Grow SC
State Director
[*Jwitowski@SCIMHA.org*](mailto:Jwitowski@SCIMHA.org)



Resources



"I am very grateful for HMG SC! The care coordinator provided excellent resources and immediately made me feel hopeful about our stressful family situation."

Attachment & Biobehavioral Catch-up



Sheniqua Scott
Quality Improvement Manager & Training Coordinator
Sscott@SCIMHA.org

ABC Model

Attachment and Biobehavioral Catch-up (ABC) is a 10-session home visiting model for parent of 6-24 month old infants, helps parents nurture their distressed child, follow their child's lead, and avoid frightening their child.

ABC enhances attachment security, normalizes cortisol productions, and improves language abilities, impulse control, and other skills important to school readiness.





Research

ABC enhances attachment security, normalizes cortisol productions, and improves language abilities, impulse control, and other skills important to school readiness.

The MIECHV Home Visiting Coalition, California Evidence-based Clearinghouse for Child Welfare, and SAMHSA's National Registry of Evidenced-based Programs and Practices endorse ABC.



Become an ABC Coach



Initial Training

Initial ABC Training takes place virtually and consists of 4, half-day trainings.

Supervision

Supervision occurs remotely via video conferencing with HIPPA compliant software. ABC Parent Coaches have 2 supervision meetings per week. The time commitment for session preparation, the ABC visit, and supervision is about 4 hours per case each week.

Parent Coach Selection

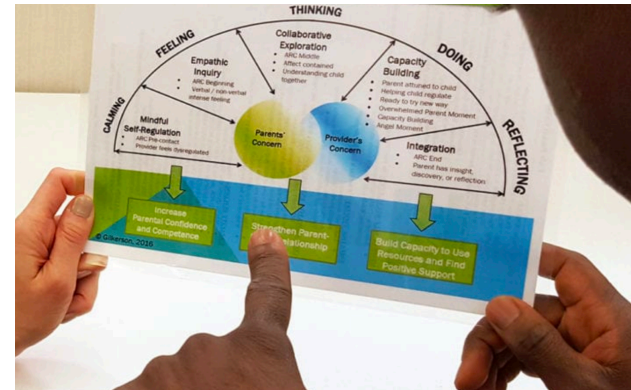
There are aspects of implementing ABC that we have found to be challenging for some individuals. We use a half-hour screening interview to determine which individuals are likely to succeed as ABC Parent Coaches. Screening interviews will be completed remotely with ABC staff from the University of Delaware.

APPLY to be part of the next ABC Training Cohort:

www.SCIMHA.org

Upcoming Learning Opportunities

Facilitated Attuned Interaction (FAN)



- Home visitors focused more on parenting, were more reflective and collaborative, and felt less burnout.
- Supervisors were more self-aware, asked more questions, were better able to help home visitors process their feelings, and provided supervision which was more reflective.
- Pediatric residents reported being more empathic, more mindful, and more satisfied with their communication with families.

Reflective Supervision

What is Reflective Supervision?

- Reflective Supervision is a relationship that aims to create a climate where both the client's and the helper's needs are considered so that effectiveness of the helper's intervention is optimized.
- It is a partnership which nurtures awareness through a process of remembering, reviewing, and thinking out loud together.
- The supervisee feels partnered and thus is not overwhelmed by fear or uncertainty, and can feel safe to express uncomfortable feelings, thoughts and reactions.
- This relationship enables them to learn more about themselves, their client(s), their co-workers and the work.

Heller & Shamoan-Shanook March 2020

Reflective Supervision

Reflective Supervision has empirical evidence to show that it:

- Is a trauma informed practice
- Reduces vicarious trauma
- Decreases staff turnover
- Reduces staff bias
- Ensures best practice
- Increases practitioner knowledge
- Improves practice
- Increases job satisfaction, efficacy and responsiveness

(Gilkerson & Kopel, 2005; Virmani & Ontai, 2010; Watson, Gatti, Cox, Harrison, & Hennes, 2014; Harrison, 2016). (MI-AIMH, 2017).

PARTICIPANTS WILL:

- Learn the essential elements of RS, as well as structural tools and strategies to build, sustain, and deepen reflective practice
- Broaden understanding and increase confidence in supporting others through reflection
- Learn how to implement and sustain RS within their program, which will result in a return in investment and enhanced agency practice for years to come
- Observe RS sessions, participate in small group discussion, and share experiences and reactions with peers working towards the same goals
- Learn in a relaxed, team-based environment that builds from the collective knowledge and experience of the group
- Receive up to 24 hours of reflective consultation which can be applied towards I/ECMH-Endorsement®, as well as additional support from SCIMHA in applying for I/ECMH-Endorsement®
- Connect with peers, broaden professional networks and learn about additional training and professional development to stay connected and continue to develop IMH competencies and skills

CONSULTATION

Each participant will receive up to 24 hours of reflective consultation by a vetted reflective supervisor/consultant. The RSLC meetings will be hosted using an online meeting platform. Five member RSLC groups will meet monthly for 2-hours over a one year period. The monthly reflective consultation hours that participants receive will meet the requirements for reflective supervision for I/ECMH-Endorsement®. In turn, the reflective supervision hours that supervisors provide to their local staff members may prepare staff for their own I/ECMH-Endorsement® application.



Reflective Supervision Learning Collaborative

Become a
SCIMHA
Member!

WWW.SCIMHA.ORG

